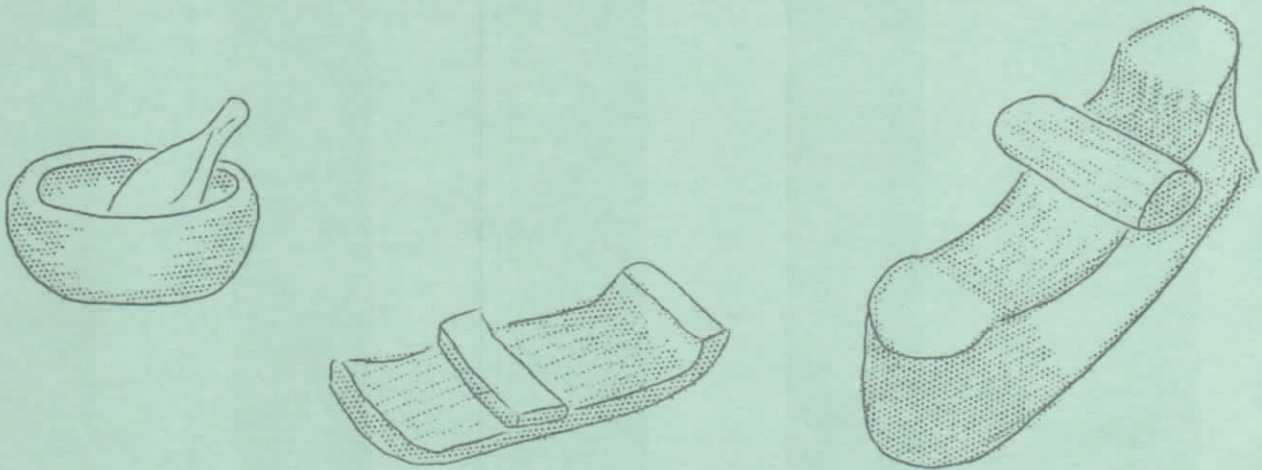


Women used a mill to grind wheat or barley or rye or oats into flour to make bread. Every home had some kind of a mill.

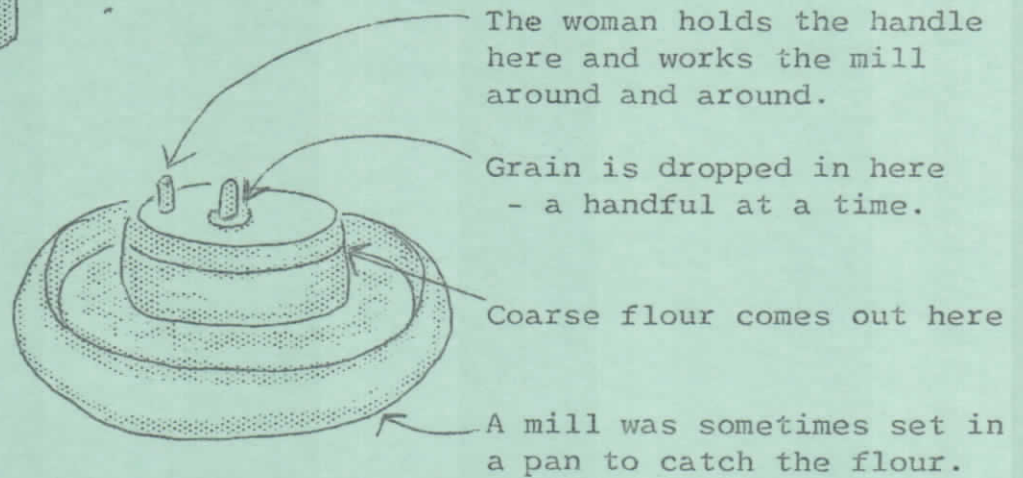
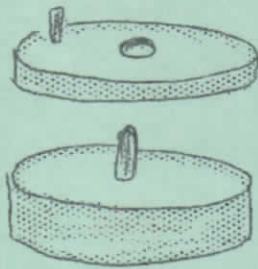
In Old Testament times the women used a mill made of two hard stones. It looked something like this -



A handful of grain at a time was placed on the larger stone. The mother held the smaller stone in her hand. She pushed it back and forth breaking and crushing the cereal into coarse flour. The mother's back got very tired as she bent over and pushed and pulled on the stone to make her flour.

The mother of Jesus probably had a mill that was a little different.

TURN CARD OVER



Two women sometimes worked together. They knelt or sat beside the mill facing each other. Each woman pushed or pulled the handle half way around. One woman also dropped the kernals of grain into the center hole. The other woman brushed the flour into :